





The best activities guide around!

DECEMBER 2011





"See the Bugle for the advertisement".

I



The U.S. Army Garrison Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with disabilities reasonable



accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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THIS MONTH'S COVER

This month's cover photograph shows Shirley Huth, General Manager of the Exchange, and Mark Daybell, Financial Readiness Program Manager at Army Community Service (ACS), decorating the Angel Tree in the Exchange. During the holiday season, the Angle Tree, sponsored by ACS and the Exchange, is for the purpose of providing gifts to children of Families nominated by Command Sergeants Major or the Senior Enlisted NCO of the organization. USAG-J, tenant units and agencies are encouraged to support the 2011 Angel Tree Program by requesting leaders nominate eligible service members, and recommend eligible civilians for the program by submitting applications to ACS. Let's all get into the giving mode to enhance the quality of the holidays for deserving Families!

Photo by Mr. Richard Haun.



"See the Bugle for the advertisement".

MWR MARKETING

Phone: 263-4721/8994 046-407-4721/8994

Fax: 046-407-5487 Fax DSN: 263-5487 Address:

The U.S.Army Garrison Japan Unit 45006

Attn: IMPC-JA-MWN-M APO AP 96343-5006

Official Business

Location: Camp Zama, Bldg. 102 B100 (Northeast Corner)
December Bugle Editor: Hideko McKeta

riday, 9 December, 5 - 8 pm. Camp Zama's Child, Youth and School Services will be presenting "Christmas Around the World" at the Zama Community Club (see center page for more detailed information.)

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION	
Monday - Thursday	1430 - 2000
Friday	
Saturday	
Sunday and Holidays	
* Hours may change due to scheduled progr	ams.

YOUTH CENTER

• Closed

Youth center will be closed on the following days:

24 - 25 December (Christmas holiday.)

• Six Grade Happening

Friday, 16 December, 6 - 9 pm. Start your Christmas break with a "6th Grade Happening" at the youth center. Cost is \$2. Transportation is

provided. Buses depart the SHA Narita bus stop at 5:30 pm and Atsugi Theatre at 5:15 pm to the youth center. Return bus departs the youth center at 9 pm.

Book of Records

Thursday, 14 December, 3 pm. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record shooting free throws, 3 point shooting, hula hoop spins, pogo stick jumps, fastest rubic's cube or Wii home runs. This monthly event is open to all registered members in grades 6 - 12.

• PAC (Parent Advisory Committee)

Our monthly PAC meeting at the Zama Youth Center will start at 5:30 pm, 15 December. We believe you're an important part in helping us with your input regarding youth center





programs as well as establishing or changing youth center procedures.

• Tech Club and ZTN Crew

Be a part of a youth run news show! Club members in grades 6th - 12th will learn how to film, edit and produce their own news show which

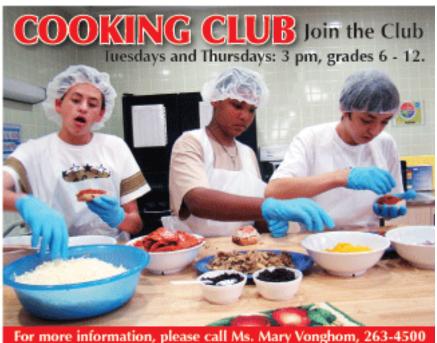
will be shown on the youth center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youth may join at anytime. Also, check out Camp Zama's Teen Tech Team! Members are

involved in photo taking, manipulation, movie making, web designing, and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Ervin Lawrence at ervin lawrence@us.army.mil.



"Passport to Manhood" is a program that concentrates on specific aspects of manhood through highly interactive activities for all club members ages 11 - 14. This program is designed to teach and promote responsibilities, reinforce positive behavior and develop character in adolescent males. For more information about this program or if you are interested in becoming a volunteer, please contact Mr. Quinton at

quinton.smith4@us.army.mil.





program for YOU! This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Dylan Black at 263-45001.



Torch Club

A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas; service to club and community; education; health and fitness; and social recreation.
Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their committee committees are activities. quinton.smith4@us.army.mil.

Keystone Club

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, email robert.chance@us.army.mil.



ix graders attending the School Age Care program can participate free during

afternoon hours.

Are you looking for a place where your children can join other children in a fun learning environment? Come join the School Age Care "Before / After School Program."

■ School Age Care • 267-6013

••• SAC Program	Hours •••
Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

SCHOOL AGE CARE OFFERED

- Before / After School Care
- Full day care during no school days
- Spring / Summer / Winter camp

OPEN RECREATION PROGRAM

Outdoor / indoor sports, swimming, computer games, Xbox and Wii playstation games. Snacks provided.

INTERNATIONAL OUTREACH PROGRAM

This program is designed for SOFA

status children attending Japanese schools. School Age Care will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks

NOTE: Must have five (5) children enrolled to conduct this program.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Come out and make a difference in your child's program. Every 3rd Thursday you have the opportunity to come to the Camp Zama Community Club and meet with the School Age Director and provide your valuable input as we continue to improve our program. You can earn parent participation hours which count towards a 10% discount on your child care fees. We meet from noon - 1 pm. Below is the schedule for the remainder of the year. Hope to see you there!

Garden Room: 15 December.

••• SAC DECEMBER	EVENTS	•••
 Decorate Christmas Cards 	19 - 20	0900 - 1100
SHA Movie Theater	19	1330 - 1530
 Care Package for Homeless Children 	20	
 Field Trip (DisneySea) 	21	0700 - 1700
 Baking Cookies (In house activities) 	22	
 Field Trip (Disneyland) 	26	0700 - 1700
 End of the Year Bash 	30	1000 - 1500



Paid Advertisements

■ Child Development Center • 263-4992 / 267-6348

ZAMA CHILD DEVELOP-MENT CENTER, 263-4992

- Closed
- * 26 December (Christmas Holiday)
- Collecting Gifts for the Orphanage (until 23 December)
- Bigz and Lilz

Youth Center

Friday, 2 and 16 December, 1500 - 1600

- Start Smart Program Every Friday, 0930 - 1030, Zama
- National Cookie Day Social Monday, 5 December, all day
- Library Time (Zama Library) Tuesday, 6 and 27 December, 0930 - 1030
- Mochi Pounding (Hosen Kindergarten)

Thursday, 8 December, 1000 - 1300

• *Christmas Around the World* Friday, 9 December, 1700 - 2000 at the Zama Community Club (detailed information please see the center page).

Zama and SHA CDC Combined Child Care Schedule

Ornament Making - - - - - - - - - Monday - - 19 December - - - 1500

Wreath Making - - - - - - - - - Tuesday - - 20 December - - - 1500

Ginger Bread Festival - - - - - - - - - - - Wednesday - 21 December - - - 1500

Field Trip to the Children's Museum - - - Thursday - - 22 December - - - 0930 - 1530

Wear Green or Red - - - - - - - Friday - - 23 December - - - all day

Library Time at Zama Library - - - - - Tuesday - - 27 December - - - 0930 - 1030

Field Trip to Fantasy Land - - - - - - - - - Wednesday - 28 December - - - 0930 - 1530

Start Smart at Youth Center - - - - - - - Friday - - - 30 December - - - 0930 - 1030

• Army Ball

Friday, 16 December, 1700 - 2400

SHA CHILD DEVELOP-MENT CENTER, 267-6348

- Closed
- * 26 December (Christmas Holiday)
- Hot Cocoa and Pajama Day Friday, 2 December
- Ornament Making with Parents

Thursday, 8 December, 1530 - 1730

Mochi Pounding (Hosen Kindergarten)

Thursday, 8 December, 1000 - 1300

- Wear Green and Red Day Monday, 12 December, all day
- Ginger Bread Festival with Parents

Thursday, 15 December, all day

"See the Bugle for the advertisement".

Paid Advertisements

■ Youth Sports and Fitness • 263-5437/4066

f you have questions or recommendations concerning our programs, please call 263-5437/4066 or visit our website at www zamayouthsports. org.

Practices start: 17 December

for youths ages 7 - 15.

BASKETBALL REGISTRA-TION

You can sign up for basketball until 16 January for youths ages 7 - 15.

FALL SWIM TEAM

Fall swim team sign ups are ongoing until filled. Starting this season, high school students can sign up and earn a high school letter if they meet certain conditions established by DoDDS.

REGISTRATION

Do you want to participate in a

youth sports program or clinic? It all · Registration ends: 16 December

begins with a visit to Parent Central Services located in Bldg 533., Camp Zama (behind the Exchange). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

"See the Bugle for the advertisement".

■ SKIESUnlimited • 263-5441

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youths of military and DoD civilians. Classes are designed to complement and support the experiences children and youth have in Army CYSS and in schools.

Children and youth may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center.

CLASSES

• Hip Hop Dance Class

Want to join a dance crew? Well, don't stop, get into Hip Hop and join the New SKIESUnlimited Hip Hop Class, Krumpin, Poppin, Breaking and more.

- Piano Lessons (1500 2000)
- * Instructor: Ms. Miho Monday or Friday
- * Instructor: Ms. Sekita Tuesday or Wednesday
- * Instructor: Ms. Mayumi Tuesday
- Violin Lessons
- * Instructor: Mr. Sumi

Monday 1500 - 2000 Piano and Violin lessons classes are ¥7,000 (4 classes per month - 30 minute one on one sessions)

- *Taekwondo* (ages 4 18), ¥5,000 Mondays and Thursdays 1730 - 1900
- * Master Kang and Sensei Takeo In this class your child will learn not only physical training and dis-

cipline but mental training as well. Available to both youth and adults, this class embraces a Family friendly atmosphere with safety being a top priority.

• Ballet and Dance (Ms. Minori) Wednesdays

Elementary Ballet (ages 6+): \$60 1720 - 1830 Thursdays

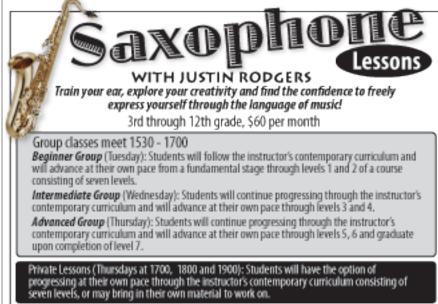
Pre-K Ballet (ages 3 - 4): \$40 1515 - 1600

Contemporary Dance (ages 7+): \$60 1600 - 1730

NOTE: Payments are made in US dollars with the current exchange rate.

REGISTRATION

Register 2 weeks prior to the 1st of the month...all new students begin the 1st week of the month.





Olf course

will be closed on the following days:

25 December: Christmas Day 1 January 2012:

New Year's Day





FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay \$5,000 and JGSDF pay \$3,000. Limited to USARJ community and their family members. Fun, food and prizes!

COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsor, RED BULL, for supporting our community and this event.

■ Camp Zama Golf Club • 263-3694

http://www.usarj.army.mil/information/mwr/business/golf/

December at a Glance!

Payday Scramble - - - - - - 2 December
Nichibei Friendship Tournament - - 20 December



TOMODACHI DAYS ARE AS FOLLOWS:

- 9 December Friday
- 16 December Friday
- 21 December Wednesday
- 30 December Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 20 December, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

TRADE-INS

Camp Zama Golf Course announces Trade-Ins. You can trade-in your old clubs for credit when purchasing new clubs. Find out how much your clubs are worth at http://valueguide.pga.com/

TEETIME INFORMATION

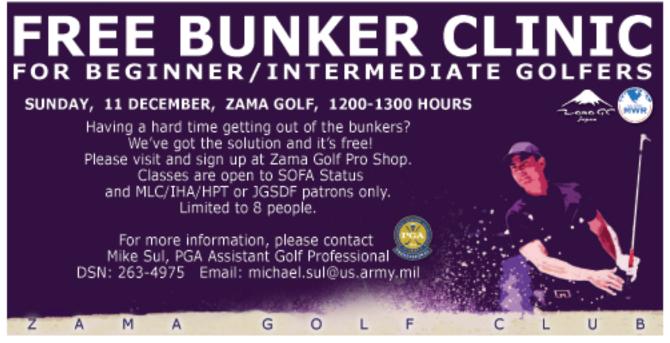
• Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to checkin with the starter at least 15 minutes prior to their scheduled tee time.



LUNCH

Monday

- 5 Fried Cod Fish and Shrimp
- 12 Tonkatsu
- 19 Sweet and Sour Chicken
- 26 Teriyaki Chicken

Tuesday

- 6 Grilled Chicken Cobb Salad
- 13 Beef and Broccoli
- 20 Chicken Fajitas
- 27 Sweet and Sour Pork

Wednesday

- 7 Chicken Mediterranean Pasta
- 14 Meat Lasagna w/Garlic Bread
- 21 Garlic Shrimp Pasta
- 28 Veggie Pasta w/Garlic Bread

Thursday

- 1 Meat Loaf
- 8 San Francisco Pasta
- 15 Spicy Seafood Pasta
- 22 Beef Fajitas
- 29 Margarita Chicken

Friday

2, 9, 16, 23 and 30 December, Fried Chicken Served w/Mashed Potatoes and Biscuits

LUNCH

Saturday

3, 10, 17, 24 and 31 December, Tonmoko

LUNCH

Sunday

4, 11, and 18 December, Chikimoko





you visited the "Sports Bar & Grill" located in the Zama **Community Club?** If not, stop by and we think you will be pleasantly surprised at the decor, the atmosphere, an excellent selection of food, numerous televisions to watch your favorite team, and a great place to meet your friends. We look forward to seeing you.

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 2, 16, 23 and 30 December, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Country Music with DJ

On Saturday night, 3 and 10 December, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

Main Stream Dance Music with DJ in the Firelight

Friday, 9 December, 9 pm - 3 am.

• Old School Night

Saturday, 17 December, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Latino Night

Saturday, 24 December, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95

Youths 8 - 12: \$7.95

Youths 4 - 7: \$4.95

3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 6 Chicken Fried Steak w/Country Gravy
- 13 Chicken Cordon Bleu
- 20 Grilled Jerky Chicken
- 27 Rotisserie Chicken and Short Order

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 7 Stuffed Cabbage Rolls w/Tomato Sauce
- 14 Fried Menchi Cutlet
- 21 Mock Filet

w/Mushroom Sauce

28 Rotisserie Chicken and Short Order

Thursday: (Rotisserie Chicken and vegetable of the day)



The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.





LUNCH

- 1 Grilled Chicken Chimichurri
 - Bibinbap Don
- 8 Chicken Pot Pie
 - Parkou Han
- Chicken Tenderloin Picata w/Roast Red Pepper Sauce
 - Spaghetti w/Meat Sauce
- 22 Spanish Chicken
 - Pork Green Pepper and Potatoes
- 29 Closed for Holiday

Friday "Lunch Buffet" (soup and vegetable of the day, \$7.95)

- 2 Chicken Fajitas
 - Chimichangus
 - Mexican Rice and Corn
- 9 Chicken Nanban
 - Sweet Sour Pork
 - White / Fried Rice
- 16 Chicken Ankake
 - Japanese Pancake (Okonomi Yaki)
 - Nikujaga
 - Shake Gohan
 - Boiled Daikon
- 23 Turkey Daivan
 - Beef Stew
 - Macaroni Cheese
 - Wild Rice / White Rice
 - Mashed Potatoes w/Gravv
- 30 CLOSED FOR HOLIDAY



DINNER MENU

Sunday (limited menu) 5 - 9 pm "2 for 1 Steak Night" (no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

18 Christmas Buffet

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered (no take out).

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

DINNER MENU

Reservations: Please call 263-4547 before 3 pm.

Thursday (5 - 9 pm)

• "All You Can Eat Pizza, Pasta, Soup and Salad Bar" (no take out) Adults: \$10.95 Youths 4 - 12: \$5.95 Under 3 years old: Free

• Regular menu

Friday "Chef's Special" (5 - 9 pm) Regular Menu

9 Community Night

Saturday (5 - 9 pm)

- Regular Menu
 - Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- 10 Texas Hold'em
- 31 New Year's Eve Parties

Our regular menu will be offered in addition to the above specials on Saturday night.



■ Paid Advertisements • 263-8994	
"See the Bugle for the advertisement".	

Directorate of Family & Morale, Welfare & Recreation

Hours of Operatio

The same of the sa		The second second	No. of Concession, Name of Street, or other party of the Concession, Name of Street, or other pa			-	
	Christmas Eve 24 December	Christmas Day 25 December	Monday 26 December		New Year's Eve 31 December	New Year's Da 1 January	ny Monday 2 January
Business Operations				П			
1. CZCC							
Cashier & Game Room	1100 - 0200	1100 - 2200	Closed		1100 - 2200	Closed	Closed
Dining Room	Closed	Closed	Closed		Closed	Closed	Closed
Ballroom	Closed	Closed	Closed		1900 - 0100	Closed	Closed
Firelite Lounge	2000 - 0230	Closed	Closed		1900 - 0300	Closed	Closed
Sports Bar & Grill	1100 - 2300	1100 - 2200	Closed		1100 - 2300	Closed	Closed
* Dining Room will be close	d during 27 De			Ba	ar will be open f	or meals.)	
Zama Bowling Center	1100 - 1800	Closed	1100 - 1800		1100 - 1800	Closed	1100 - 1800
* Starting 24 December - 3 Ja	inuary, Zama Bo	-		00	(except Family Ti		
Depot Bowling	Closed	Closed	Closed		Closed	Closed	Closed
Golf Course	0730 - 1700	Closed	0700 - 1700		0700 - 1700	Closed	0700 - 1700
Pro Shop	0700 - 1700	Closed	0630 - 1700		0630 - 1700	Closed	0630 - 1700
Restaurant	0630 - 1700	Closed	0600 - 1700		0600 - 1700	Closed	0600 - 1700
5. Hob Nob Inn	Closed	Closed	Closed		Closed	Closed	Closed
6. Zama Lodging	Normal	Normal	Normal		Normal	Normal	Normal
7. Sagami Lounge	Closed	Closed	Closed		Closed	Closed	Closed
Child, Youth & School Services							
 Parents Central Services 	Closed	Closed	Closed		Closed	Closed	Closed
Zama Child Development C	tr. Closed	Closed	Closed		Closed	Closed	Closed
SHA Child Development Ct.		Closed	Closed		Closed	Closed	Closed
4. SHA School Age Care	Closed	Closed	Closed		Closed	Closed	Closed
5. Youth Services	Closed	Closed	Closed		Closed	Closed	Closed
6. Youth Sports	Closed	Closed	Closed		Closed	Closed	Closed
•						0.000	
Recreation Division							
Arts & Crafts Center	0930 - 1800	Closed	Colsed		1000 - 1800	Closed	Closed
Automotive Skills Center	0930 - 1800	Closed	Closed		0930 - 1800	Closed	Closed
Community Activity Center	Closed	Closed	Closed		Closed	Closed	Closed
4. Zama Library	1000 - 1800	Closed	1200 - 1800		1200 - 1800	Closed	Closed
5. SHA Library	0900 - 1800	Closed	Closed		Closed	Closed	Closed
Outdoor Rec. & L.T. Service		0800 - 1600	Closed		0800 - 1600	Closed	Closed
7. Kennels	1000 - 1600	1000 - 1600	Closed		1000 - 1600	Closed	Closed
Yano Fitness Center	0800 - 1800	Closed	0800 - 1800		0800 - 1800	Closed	0800 - 1800
Yano Swimming Pool	1000 - 1800	Closed	1000 - 1800		1000 - 1800	Closed	1000 - 1800
10. Depot Fitness Center	0930 - 1830	Closed	0930 - 1830		0930 - 1830	Closed	0930 - 1830
Army Community Service	Closed	Closed	Closed		Closed	Closed	Closed
ITT Closed during 23 - 26 Dec	ember 2011 a	nd 29 Decem	ber 2011 - 3 J	Jai	nuary 2012 (Ne	w Year's Holi	day.)

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

*REVISED AS OF 19 NOVEMBER 2011



Come out to the Camp Zama Community Club Sports Bar every Thursday, 5 - 7 pm, for a chance to win some great prizes and to talk FOOTBALL!

December schedule: Thursday, 1, 8, 15, 22 and 29 December and 5 January 2012.

Prizes

Week 13: Fuji digital camera and patio umbrella (from Miller Lite)

Week 14: JVC camcorder and ¥5,000 food coupon (from Outback)

Week 15: Wii Sports and ¥3,000 food coupon (from TGI Friday's)
Week 16: Nintendo DS-XL and patio umbrella (from Miller Lite)

Week 17: Panasonic video camera and ¥5,000 food coupon (from Outback)

*** NOTE: Each winner also receives a 4-pack energy sport drink (from Red Bull) and an "appetizer coupon" (from Outback Steakhouse).

For more information, please call 263-4547 / 5995.

MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.







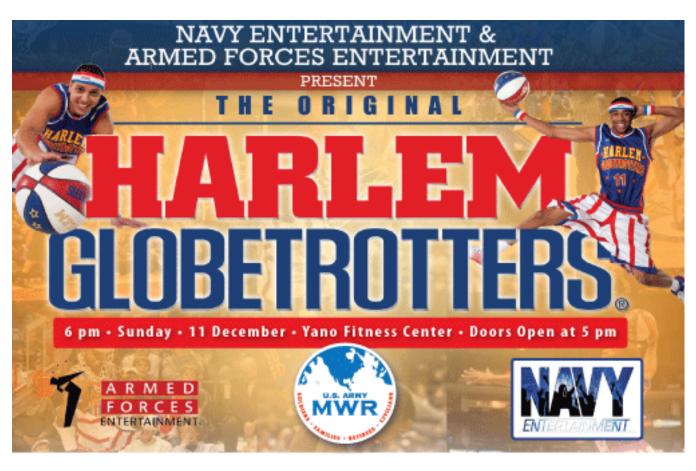


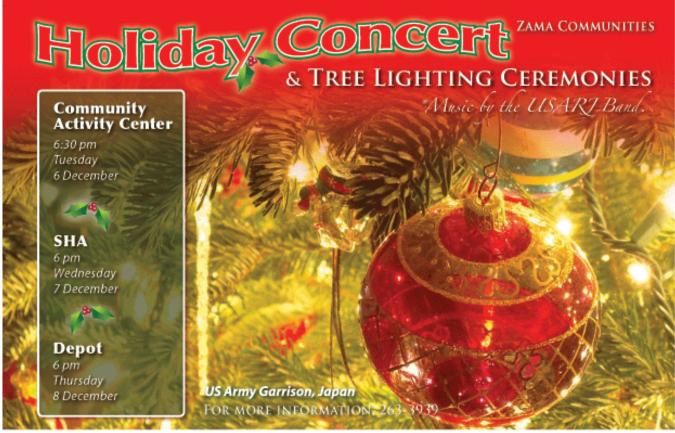




The Budweiser and Miller Lite Companies Support "Responsible Drinking".

Sponsorship does not imply endorsement by the U.S. Government.





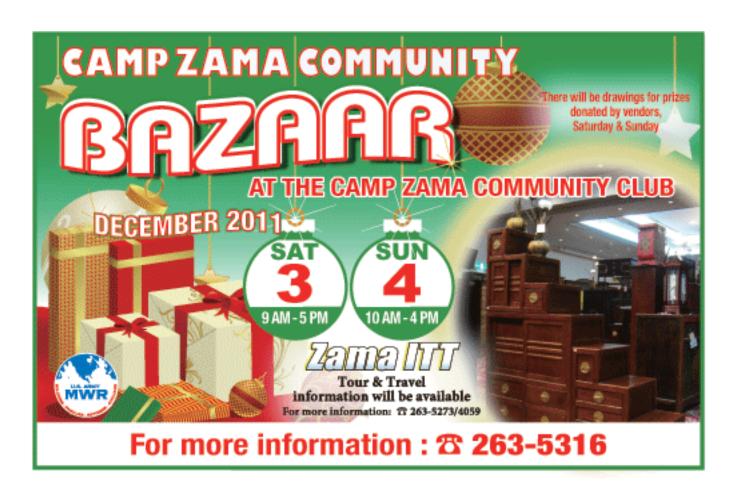














■ Sagami Lounge • 268-4954/4847 / Orders: 268-4142

LUNCHES

Sagami Lounge will be closed on the following days:

26, 29, 30 and 31 December.

MONDAY

- 5 Pork Cutlet and Jambalaya
- 12 Steak Don
- 19 Fried Shrimp Curry
- 26 Closed

TUESDAY

- 6 Hamburger Steak and Fried Shrimp
- 13 Taco Rice and Enchiladas
- 20 Chicken Cutlet (Lounge Special)
- 27 Regular Menu

WEDNESDAY

- 7 Lasagna w/Garlic Bread
- 14 Italian Meat Balls and Spaghetti
- 21 Hamburger Steak w/Cheese
- 28 Regular Menu

THURSDAY (All-U-Can Eat)

1 Italian Buffet

LUNCHES

- 8 Mexican Buffet
- 15 American Buffet
- 22 Oriental Buffet
- 29 Closed

FRIDAY

- 2 Shrimp Pilaf and Salmon Saute w/Soy Butter Sauce
- 9 Mixed Grilled Plate
- 16 Mixed Croquettes
- 23 Seafood Platter
- 30 Closed

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$8.50)

- 6 Chinese Dinner
- 13 Mexican Dinner
- 20 Pizza and Pasta Dinner
- 27 Regular Menu

WEDNESDAY NIGHT

7, 14, 21 and 28 December, regular dinner menu.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 1 Italian Dinner (\$15.95)
- 8 French Dinner (\$15.95)

DINNER SPECIALS

- 15 Japanese Dinner (S
- 22 Pre-Christmas Buffet (\$20)

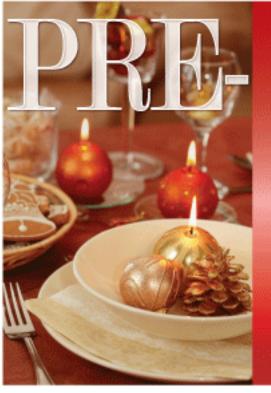
FRIDAY NIGHT

Mongolian BBQ on 9 and 23 December; enjoy the best Mongolian BBQ in town!!! Also, on 2, 16 and 30 December we offer the regular dinner menu.

SATURDAY NIGHT

3, 10, 17 and 24 December regular menu.





CHRISTMAS DINNER

Thursday, 22 December 5-8 PM

Menu Mahi Mahi En Crout Rib Steak with Wine Sauce Side Vegetable Rice Soup Salad

Cost: \$20 per Person For more information, please call 268-4954/4847

Sagami Lounge

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

20

Army

Volunteer Corps (AVC).
Would you like to learn
new skills, meet new
people and explore
new career fields?
Would you like to make
a difference?
Call your
Community Life
Officer at 263-8087.

■ Army Community Service • 263-8327

RELOCATION READI-NESS PROGRAM, 263-HELP (4357), 263-8091

- Adult Evening English Class Every Wednesday, 5:50 - 7 pm. No pre-registration necessary.
- Japanese Culture and Language Class

Every Wednesday, advanced class, 10 - 11 am; beginner class, 11 am - noon, at ACS Outreach Room, Bldg 402. No pre-registration required.

• Business Japanese Class Every Wednesday, 5 - 6 pm, ACS Community Room, Bldg 402. Preregistration required. **NOTE:** Attendance at all sessions is preferred but not mandatory, (please attend as your schedule permits).

MOBILIZATION AND DE-PLOYMENT PROGRAMS, 263-8089

Please contact Mr. Gary R. Woods at 263-8089 to schedule your unit Pre/Post Deployment Readiness Training, Reunion Briefing, Family Readiness Group (FRG) Training, and Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

• Pre/Post deployment Support and Operation R.E.A.D.Y. Training

This training is designed to assist all mobilizing, deploying, and redeploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Sessions are conducted every Thursday of each month 1:30 - 4 pm at ACS, Bldg 402, in the Outreach Room.



NEWCOMERS ORIENTATION

NEWCOMERS ORIENTATION PART I: Wednesday, 21 December, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II:

Thursday, 22 December, 8 - 11:30 am, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

For information, contact ACS at 263-8091.



MWR COMMERCIAL SPONSORSHIP and the ACS STAFF

thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.



• Deployed Spouse Program

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOY-MENT, 263-HELP, 263-8091

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a readymade program to help achieve personal financial readiness through the

use of sound money management. Units and FRGs may request classes; request by email: mark.daybell@us.army.mil two weeks in advance minimum. For more information, contact 263-8091.

• Scheduled Financial Classes: All classes are held at ACS, 1:30 - 3:30 pm:

* Budget

Monday 5 December

* Banking

Tuesday 6 December

* Debt Management

Wednesday 7 December

* Investment TSP

Thursday 8 December First Term Soldiers on their initial duty shall complete all four classes during in-processing to meet the requirement of the mandatory 8 hour Financial Readiness Training requirement per AR608-1 DoDI 1342.27.



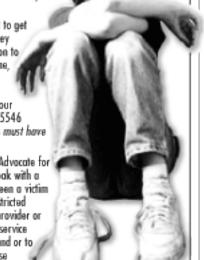
Family Advocacy Program

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthers Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-4782 / 4853. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

Sexual Assault Prevention and Response Program (SAPRP) - Hot line from a DSN: 882# or 090-9395-8909. This is a
commander's program designed to help prevent sexual assault through increased awareness and training and to provide
information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a
restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaptain, the Sexual Assault Response
Coordinator (SARC) at 263-4782 / 4853 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police
at 263-3002, the chain of command, or the SARC at 263-4782 / 4853 or 090-9395-8909.

• Safe Helpline - Safe Helpline provides three ways for DoD community members affected by sexual assault to get help. These services are ananymous, secure, an available 24/7 worldwide --providing victims with the help they need, anytime, anywhere. The Online helpline provides confidential crisis intervention, support and information to service members of the DoD community who have been sexually assaulted. In addition to providing help online, Safe-Helpline is also available by phone worldwide: 877-995-5247. The phone number is the same inside the US or via the Defense Switched Network (DSN). DSN users can dial US toll-free numbers by simply dialing 94 + the 10-digit toll-free number. Do you want to contact the Sexual Assault Response Coordinator (SARC) on your installation or base? Just text your zip code or installation or base name to: 55-247 (inside the US) 202-470-5546 (outside the US). NOTE: For international texting, users must enter a country code (e.g., 001) and cell phones must have international texting capability.

Victim Advocacy: Victim Advocacy is a free service for all personnel in the military community. The Victim Advocate for
Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a
trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim
of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted
basis. To file a restricted report related to a domestic abuse incident, a victim may also report to a health care provider or
the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service
providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to
law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please



■ Army Community Service • 263-8327

• AER Emergency Leave

Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site and other financial emergencies. Contact Mark Daybell at 263-8091 or email mark.daybell@us.army.mil.

• Employment Readiness

Provides assistance with resumes and job search by appointment. The following classes are offered by the Employment Readiness Program Manager:

- * Resume and Cover Letters 9 December
- * Interview Techniques and Dressing for Success 16 December

Friday afternoons, 1:30 - 3:30 pm at ACS.

Please contact Mark Daybell at 263-8091 or email mark.daybell@ us.army.mil for additional information and advance registration.

Voluntee, Positions

ACS is an awesome place to work, an even better place to Volunteer!!

It's easy to get started at www.myarmyonesource.com

Step 1. Register/Join

Step 2. Select Volunteer Tools and check out what's available.

Community Mayors (Camp Zama and Off-Post Mayors needed)

Assist the Housing Office with the Quarters Beautification and Holiday Home and Card Decorating Program; assist with distribution of community publications and publicity of community personal stream and the Community Information Exchange (CIE); be the positive eyes, ears and voice of your designated community area. (This is a volunteer position).

ACS / Army Family Team Building (AFTB) Master Trainer

Mentors, trains, guides, and supports AFTB volunteers. Serves on the advisory / steering council and is a positive spokesperson for ACS and AFTB. (This is a volunteer position).

New Parent Support Program- 263-508

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 11 am at Zama Chapel, Bidg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Arm Elementary School.) Due to holidays Play Morning will be concelled for the week of 19 and 26 December.
- Buby Love Seminar: "Developmentally Appropriate Toys", Zama Chapel on 13 December during Play Morning session at Zama Chapel from 10:15 am and 15 December at EDIS (Arm Elementary) from 10:15 am.
- NPSP Orientation: Available after Play Morning sessions or by request.
- NPSP Workshop: "Building Trust and Security in Your Children (Birth to Six)", at ACS Outreach Room, 9 December, 11:30 am. Pre-registration is required! Call 263-5084.
- Breast Feeding Support Group Meeting held 1 December, 9:30 10:30 cm at ACS and 19 December, 9:30 - 10:30 cm at SHA CDC.
- "Body Bundles" Information and supplies for new and expectant parents are available and electric breast pumps are available by calling 263-5084 or you may email: shirley.k.coleman@vs.army.mil for more details.



COMMUNITY LIFE OFFICE, 263-HELP (4357)

• Army Family Team Building (AFTB), 263-HELP (4357)

The Key to your Army Journey and Passport to Power!

Did you know that you could earn promotion points from AFTB classes? If you are a Soldier (SGT or below) and need promotion points, AFTB is for you. Come join us for our next AFTB Class!

ARMY FAMILY ACTION PLAN (AFAP), 263-8087

"AFAP is a year round process!" To submit an AFAP issue, log onto www.myarmyonesource.com. Visit the Family Programs tab to submit

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

"EFMP Social Services"
 12 December, noon - 1 pm, at ACS.

 Monthly Autism Support Group Meets: 4 19 December, 4:30 - 5:30 at ACS

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for



active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinater. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month (20 December) at ACS from noon - 1 pm.

The Army offers EFMP Respite Care for Families that have one or more members with **Moderate to severe special needs**. Respite Care provides an opportunity for the Family member caregiver to take time away from care responsibilities to meet personal or other Family obligations.

Please contact Cheryl Rendon, ACS EFMP Coordinator at 263-4572 for more information.

an issue. Issues can be submitted anonymously.

• Thank you Camp Zama for a spectacular FY12 AFAP Conference:

DFMWR

Sue Jorgenson

ACS Volunteer

Stephanie Ferguson

Kekai Lindsey

Mara Russell

Analisa Wilder

Yolanda Castillo

Nita Freeman

HQ USAR-J and 1st Corps

Forward

Lisa Coleman

HHC USARI

Jessica Harrison

HHC USAG-J

Crystal Jee V. Chhan

296th Army Band

Cameron Blackhurst

Nicole Hartlieb

88th MP Detachment

Ashley Crane

PHCR - Pacific
Tonisha C. Kennebrew

78th AVN Bn

Sharon Browne (Chaplain)

David Ebert

Jason Nowling

Louis Uribe

Micah Battin

Jonathan Call



Survivor Outreach Services (SOS) provides services that support the Families of fallen Soldiers, SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bidg. 402

Randy Shelton 35th CSSB

Kyle Clark

DOI.

David Ives

PHCD--I

Leeann Jean Pierre

MEDDAC-J

Phillip Schultz

INFORMATION AND REFERRAL, 263-2382

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at https://intranet.

zama.army.mil. After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan. army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• Foreign Born Spouse Support Group

Whether your question concerns immigration and naturalization, learning the English language, or how to take local transportation, Army Community Service Relocation Program provides assistance, weekly classes, and referrals. The Support Group meets on the third Wednesday of the month from 1 - 2:30 pm in the ACS Outreach Room. Pre-registration required.



■ Sports, Fitness and Aquatics 263-3954 / 4664

203 373 17 100 1

The Yano Fitness Center will be closed on Sunday, 25 December, for the Christmas holiday and Sunday 1 January 2012 for New Year's Day. For more information, please call 263-3954/4042.

• • • ATTENTION CUSTOMERS • • •

SPORTS (263-7980)

- Zama Book of Records
 Resumes March 2012.
- Up coming January Sport Events
 - * Intramural basketball season starts 9 January (Commanders Cup event)
 - * Free throw contest / three point shoot out: 14 January (Commanders Cup event)

* Invitational Intramural All Star Tournament: 28 - 29 January

FITNESS (263-5656)

- Super Circuit Class (Free) Monday, Wednesday: 1200 - 1230 Friday: 1730 - 1800
- Personal Training Program Consultations (Free)

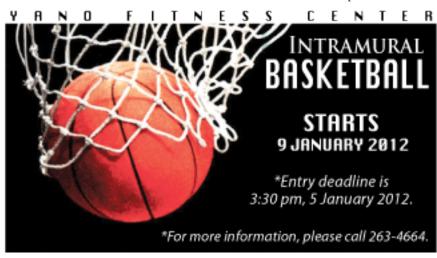
Limited days and times by appointment only. Consultations are Tuesdays 0900 - 1130 and Wednesdays 1400 - 1630.

- *Hit and Core*: Tuesdays, 1200 - 1245
- *Yoga:* Thursdays, 1200 1245
- Step / Abs

Mondays, 1700 - 1830

• Tight-n-Tone Body Conditioning Wednesday, 1730 - 1830

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times



or detailed information for the

"Big Kahuna Bench

Press" competition on 3 December.

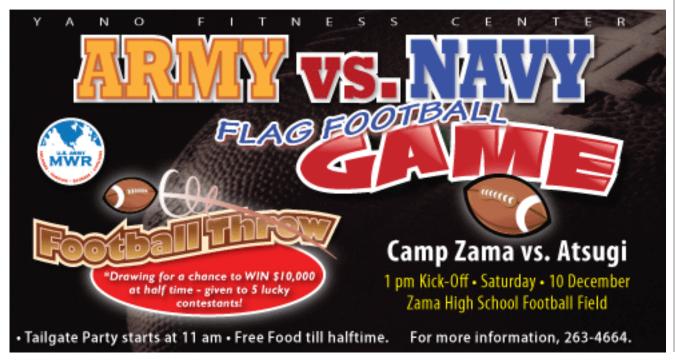
The Zama Book of

Records will resume

please see

March 2012.

page 26.



AQUATICS (263-3348)

- Water Aerobics at Yano Fitness Center
 - * Mondays, Wednesdays and Fridays: 0900 - 1000
 - * Tuesdays and Thursdays: 1730 - 1830
- * Wednesday: 1800 1900 See flyer for specific details and cost.

• Jacuzzi, Steam Room, Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request.

• Age Policy for Swimming Pool Children 12 years of age and below are not permitted in the pool unless accompanied by and under the



direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• Solarium Reservations

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the

front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

Yano Fitness Center is seeking interested applicants for contracting in the following areas: massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.



■ Sports, Fitness and Aquatics • 263-3954 / 4664

• Tanning Booth

Yano Fitness Center has two tanning booths. The hours are:

Monday - Friday: 0530 - 2025 Weekends: 0800 - 1725

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35 (must be 18 years old.)

• Massage Cancellation Policy:

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for information regarding this policy.

• Aqua Massage

Yano Fitness Center offers Aqua Massage, \$5 for 15 minutes (must be at least age 18.)

• Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes for \$55 and 60 minutes for \$70 (must be at least age 21).

• Tai Chi (Chinese breathing



exercise) and Kung Fu fitness every Monday at 1800.

One session: \$6 4 sessions: \$20

• Martial Arts (Taekwondo Classes)

* Instructor: Kang Hyum Soon Monday and Thursday:

Ages 4 to adult: 1730 - 1900 Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533.

• *Brazilian Jujitsu* (Instruction and Training)

* Instructor: Paul Everson Monday and Wednesday (ages 18 and older): 1645 - 1900 Cost: Free (all levels welcome).

• MMA Fitness (Instruction and Training)

* Instructor: Joe Proctor Monday and Wednesday (ages 18 and older): 1900 - 2000 Cost: Free (all levels welcome).

• Aikido

Monday - Friday (ages 18 and older): 1200 - 1300, 1700 - 1800 Saturday: 1000 - 1200 Cost: Free (all levels welcome).

• Zumba

Thursday: 1730, \$3 Monday, Wednesday and Friday: 0900, \$3 (each class)

* Instructor: Abigail

• Aqua Zumba (pool)

Tusday and Thursday: 0900, \$3

* Instractor: Abigail



■ Paid Advertisements • 263-8994	

"See the Bugle for the advertisement".

Tag Sale. A variety of craft supplies are on sale now starting from \$1.



Zama Arts and Crafts Center is now looking for instructors in the following areas: washi paper craft, digital photograph, pottery, balloon art, Ikebana.

■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed Wednesday - Friday:

1130 - 1930

Saturday - Sunday:

1000 - 1800

CLASSES

• Silk Screen Work Shop

\$15 for a class, includes one free t-shirt (appointment only).

• Wood Shop Orientation for DA 3031.

Saturdays: 10 am, no fee.

• Frame Shop Orientation 2nd and 4th Thursday, 5 pm, \$10 a class; supplies are included.

Advance and refresher classes are

conducted upon request, \$10 a class, supplies are not included.

- Washi-Paper Craft Workshop \$10 a class; supplies are available at the sales store (by appointment)
- Ikebana Class (fresh flower arrangement), 1st, 2nd and 3rd Thursdays, 2 pm. Please call to find out the monthly theme. Cost is \$20 per class and ¥1,000 for flowers.
- *Shodo* (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

NOTE: All classes require advance registration. Schedules are subject to change.

ARTS & CRAFTS CENTER

Kakizome

11 am ~ 1 pm • Sunday, 8 January at the CZCC.



New Year's Flower Arr

with the Ikebana Instructor

2 ~ 5 pm • Thursday, 26 January *Sign up by Sunday, 15 January • First 30 entries will be accepted at the Arts & Crafts Center.

*For more information, please call 263-4412.

Community Libraries • 263-3517 http://www.usarj.army.mil/information/zama/mwr/library/index.htm

NEW MCNAUGHTON BOOKS

- Arguable: Essays by Hitchens, Chris-
- Art of Fielding by Harbach, Chad (Best Seller)
- Eighty-Dollar Champion by Letts, Elizabeth
- Here Comes Trouble by Moore, Michael (Best Seller)
- In My Time by Cheney, Richard B. (Best Seller)
- Justice by Robards, Karen (Best Seller)

- Kill Me if You Can by Patterson, *James (Best Seller)*
- Leftovers by Perrotta, Tom (Best Seller)
- Only Time Will Tell by Archer, Jeffrey
- Trick of the Light by Penny, Louise

NEW BLU-RAY DVDS

- Captain America: The First Avenger
- Cars 2
- Crazy, Stupid, Love

- Cowboys & Aliens
- Henry Potter and the Deadly Hollows. Part 2
- Kuroneko (Criterion Collection)
- Super 8
- 12 Angry Men (1957)
- Water for Elephants
- Winnie the Pooh

ON-LINE CATALOG

• Search our collection from home or work at: http://yoko.sirsidynix. net.au/uhtbin/webzama.

■ Community Activity Center • 263-3939/5712/8892

UPCOMING EVENTS

For detailed information for the "Harlem Globetrotters" on 11 December, please see page 16.

• AFE Handshake Tour (Florida Marlins Major League Baseball Player) 4 December, place and time TBA.

CLASSES

- Ballroom Dance Class
- * Tuesday, 1730 1825 Intermediate class, (four classes

for ¥6,000) for 50 minutes Advanced Class, (four classes for ¥4,000) for 50 minutes * Thursday, 1730 - 1825 Beginning Class, (four classes for

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

• Wild Monkey Park and Clay Doll Painting

Saturday, 3 December, 0300 - 2200

- Edo Experience at Asakusa Saturday, 3 December, 1000 - 1800
- Mt. Sekiro Hiking Sunday, 4 December, 0730 - 1530
- Yomiuri Land Sunday, 4 December, 1430 - 2130
- *Rock Climbing*Saturday, 10 December, 0630 1730
- Miyagase Christmas Tree Saturday, 10 December, 1500 -2030

- Tokyo Ueno Park Free Time Sunday, 11 December, 0800 - 1800
- Lure Fishing for Beginners Saturday, 17 December, 0500 - 1300
- Harajuku Free Time Saturday, 17 December, 0800 -1800
- 1800
 Ikea Shopping
- Sunday, 18 December, 1000 1700 Emperor's Birthday Celebration, Meiji Shrine and Tokyo Tower Friday, 23 December, 0900 1930
- Chrrasco Brazilian Style BBQ Dinner in Yokohama Saturday, 24 December,

1530 - 2300

• Christmas Classical Music Concert

Sunday, 25 December, 1200 - 1930

• Mito Sea Paradise and Strawberry Picking

Monday, 26 December, 0700 - 1800

¥4,000) for 50 minutes

- *Hakone Yunessan* Saturday, 31 December, 0800 - 1800
- Count Down to 2012 at Hakkeijima Sea Paradise Saturday, 31 December, 1800 - 0230



e have

some used parts for sale: 6x9 speaker, CD player, safety flares, various aluminum rims and beginner driver (Wakaba) magnet. We also have used tires; just stop by with your car and see if they are on



■ Automotive Skills Center • 263-3615

Everyone wants the best gas mileage and one way is to make sure you change your engine oil regularly. The average time between oil changes should be every three months or 3,000 kilometers in Japan. The cleaner the oil the smoother the parts move, which in turn uses less gas to make the engine work. The short time frame is due to the stop and go traffic here in Japan, the stop and go gets the engine oil dirtier quicker compared to longer average commutes stateside.

HOURS OF OPERATION:

0930 - 1800

Monday and Tuesday: CLOSED Wednesday - Friday: 1130 - 2000 Saturday and Sunday:

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given

every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Zama Car Wash Operational Hours:

Monday - Tuesday: 0800 - 1630 Wednesday - Friday: 0800 - 2000

Saturday - Sunday: 0900 - 1800

• Vehicle Detailing

Our detailing service consists of a basic wash and wax of the outside only with tire waxing included. If you also want the interior cleaned, there is an additional cost.

- * Prices are as follows (starting from): \$35 for sedans / hatchbacks \$50 for vans / SUV's
- * Cleaning of the interior (starting from):

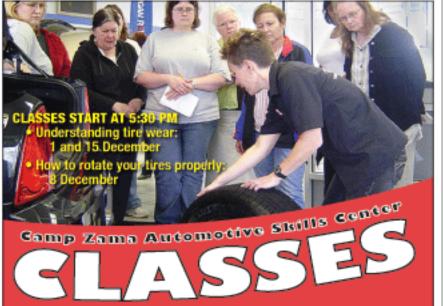
\$15 for sedans / hatchbacks \$20 for vans / SUV's

* Cleaning of trunks for sedans; additional \$5

NOTE: Detailing work orders are conducted by appointment only.

• Used Vehicle Courtesy Inspection
The Auto Skills Center offers a
20 point courtesy inspection for
Soldiers and eligible Camp Zama
personnel who are considering the
purchase or resale of a used vehicle.
The purpose of this inspection is to
help assess the condition of the vehicle before buying or selling. We do
not make recommendations or give
guarantees. Inspections are done by
appointments only.





■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Monday - Friday, noon, daily Mass, Blessed Sacrament, Chapel

Sunday, 9 am, Mass, Zama Chapel. **Sunday**, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

Sunday, 10:45 am, Catholic Religious Education Class, Religious Education Center.

1st Saturday, 9 am, 2000 Hail Marys, Zama Chapel.

CAMP ZAMA PROTESTANT SERVICES

Sunday, 9:30 am, Protestant Religious Education Class, Religious Education Center.

Sunday, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to age 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sunday, 9:30 am, Sunday School, Sagamihara Chapel.

Sunday, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten age at the Sagamihara Chapel during the time of Sunday services).

Wednesday, 6:30 pm, Bible Study, Sagamihara Chapel.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesday, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 264-5203, or Yohei Araki at 801-649-1393.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.) Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@ forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

LUTHERAN SERVICE

Sunday, 8 am, Worship Service, CFAY Community Readiness Center (2nd floor Auditorium), Yokosuka. For more information, please contact Chaplain Swanson at 243-6931 or email john.swanson@fe.navy.mil. If interested in confirmation instruciton, please let us know.

KOREAN BIBLE STUDY

Thursday, 1 - 2 pm at Camp Zama Chapel. Bible Study is offered in Korean language. For more information, contact Chaplain Park at 090-6185-5502 (cell phone), or at younsoo.park@us.army.mil.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursday, 9:30 - 11:30 am, Protestant Women of the Chapel (PWOC) Bible Study, at the Religious Education Center. Watch care is provided, homeschoolers welcome. POC: pwocatcampzama@yahoo.com.

MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month, 8 am - 9 am at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

WOMEN'S PRAISE BREAK

Wednesday, noon - 1 pm, Camp Zama Chapel. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@us.army.mil.

CHAPELYOUTH PROGRAM

(EPIC, Experience Power in Christ) Wednesday, 6 - 8 pm, Religious Education Center, POC: Mr. Corneliussen at 263-4689 or james. corneliussen@us.army.mil.

	D	ECEN	MBER CHAPEL ACTIVITY	1
Sunday	4		Second Sunday of Lighting the Advent Candle	19300
	-	0900	Catholic Mass	Zama Chapel
		1100	Protestant communion Service	Zama Chapel
		11 00	Gospel Service	SHA Chapel
Sunday,	4	1600	Holiday Concert	SHA Chapel
Thursday	8	1200	Immaculate Conception Mass	Zama Chapel
Saturday	10	0900	Visiting Gotemba Koyama Fukusei Hospital Visit	Zama Chapel
Sunday	11		Third Sunday of Lighting the Advent Candle	A
Julieuy	•••	0900	Catholic Mass	Zama Chapel
		1100	Protestant Service	Zama Chapel
		1100	Gospel Service	SHA Chapel
Sunday	11	1300	SHA Chapel Christmas Party	SHA Chapel
Sunday	11	1800	Community Free Concert: Handel's Messiah	Zama Chapel
Wednesday	14	1700	SHA Children Christmas Caroling and Party	SHA Chapel
Sunday	18		Fourth Sunday of Lighting the Advent Candle	
Julius		0900	Catholic Mass	Zama Chapel
		1100	Protestant Service	Zama Chapel
		1100	Gospel Service	SHA Chapel
Saturday	24	,,,,,	Christmas Eve	Jane Chapter
Saturaay	24	1900	Protestant Christmas Eve Candlelight Service	Zama Chapel
		2400	Catholic Christmas Eve Midnight Mass	Zama Chapel
		2400		zama chapei
Sunday	25		Christmas Day	
		0900	Christmas Day Mass	Zama Chapel
		1100	Protestant Service	Zama Chapel
		1100	Gospel Service	SHA Chapel
Saturday	31	2200	Gospel Service, Watch Night Service	SHA Chapel

■ Directory of DMWR Facilities & Additional Activities

DIRECTOR	DIRECTORATE OF MORALE		■ SAGAMI LOUNGE	268-4954	(All the following CDC facilities	es are open during
DIRECTOR 26.4437	RECREATION	263-7611/3690	Take Out	268-4142 1100-1300	lunch.) Parent Central Services	263-4125
DIRECTOR	Army Community S	ervices	Dinner (Tue-Sat)			263-4743
Mon. Weld	■ DIRECTOR	263-8057		1100-2000		
Thu 1300-150 1300-150 157 158			1			
Sum					Family Child Care	
DIRECTOR OF GOLF					Sagamihara CDC	
DIRECTOR 263-497					Mon-Fri 0.	530-1800
DIRECTOR COLF 20.3-4925 DIRECTOR OF COLF 20.3-4925 DIRECTOR OF COLF 20.3-4925 DIRECTOR OF COLF 20.3-4926 Colf the following of activities or open during lanch.	Business D	iniai a m	■ ZAMA LODGING			
DIRECTOR OF COLF 263-496 ADMINISTRATIVE OFFICE 263-496 CAll the following golf activities are open during functhy of the following golf activities are open during functhy of the following golf activities golf golf golf golf golf golf golf golf	Business D	IVISIOII				330-1600
DIRECTO OF GOLF 263-3694 ADMINISTRATIVE OFFICE 263-3614 ADMINISTRATIVE OFFICE 263-3614 ADMINISTRATIVE OFFICE 263-5614 ADMINISTRATIVE OFFICE ADMINISTRATIVE OFFI					Zama Youth Center	263-4500
DIRECTOR OF GOLF	■ ADMINISTRATIVE OFF	FICE 263-7935				
CHIEF RECREATION OFFICE 263-3479 Mon-Fri 7700-1700 Wechends of U.S. Japanese Holidays 267-6013 Mon-Fri 130-1930 Mon-F	■ DIRECTOR OF GOLF	263-3694		51.11		
Munch CourseStarter Cour			Recreation	Division		
Course/Starter		vities are open during	■ CHIEF RECREATION	OFFICE 263-3479		
Mon-Fri 0700-1700 Weekends & US / Japanese Holidays 0600-1700 Sat & Sum 1000-1800 Sat &		263-4975				263-5437
Restaurant 103-765 Mon. The, Thu. Fri 603-1900 Medeends of US / Japanese Holidays 0545-1700 Mon. Fri 0635-1900 Mon. Fri 0635-1700 Mon. Fri 0605-1700 Mon. Fri					Mon-Sat 0	900-1800
AUTOMOTIVE CENTER 263-3615 Weddends of US / Japanese Holidays O350-1900 Sat. Sun Sixt. Still. SECRET Calibration Cal	Weekends & US/					263 3241
Mon. Fig. Thu. Fri 6030-1900 Weekernis & US Japanese Holidays Mon. Fin 6045-1700 Sait. Sun 0030-1800 Sait. Sun 004-1800 Sait. Sun 004-1800 Sait. Sun 000-1800 Sait.	Restaurant		Sat & Sun		School Liaison Office	203-3241
Weelernds & US / Japanese Holidays O530-1900 O53	Mon, Tue, Thu, Fr	i 0630-1900				
Satisful					USAG-J Okinawa	MWR
Pro-Shop	weekenus & US/			0930-1800	■ MWR OFFICE	644-5396
Sat San Set Hel			1			
Cych during tunch Cych						
BOWLING CENTER ZAMA	Weekends & US7					
Mon-Fri 1000-1800 1000-1		ended)			Mob-Dep/IVC	644-4116
Chip Inn & Snack Stand 263-5834 Mon-Fri 0800-1600 Meekends & Hol. 0700-1500 Meekends & Hol. 0700-1330 Meeken						
Chip Inn & Snack Stand 263-5834 Mon-Fri 0800-1600 Weekends & Hol. 0700-1500 Weekends & Hol. 0700-1500 Fri - Sun 1000-2200 True & Fri 1100-2220 True & Fri 1000-2200 Trie & Sun-Thu 1000-200 Trie & Sun 1000-2				ch		
Mon-Fri Mon-			1	263,3517	AFTB/AFAP Program	644-4743
BOWLING CENTER ZAMA						
BOWLING CENTER ZAMA			1			
Sagamihara 267-6603 Thu & Fir 1100-2200 Closed					■ ARTS & CRAFT CENTER	644-4303
Thu & Fri 1100-2230 Holidays Closed Cl						
Tri-Sat 1000-0230 Thu 1100-2300 Fri 6 Sat 1000-2300 Thu 1100-2300 Thu 1100-2300 Fri 6 Sat 1000-0230 Thu 1100-2300 Thu 1100-2300 Fri 6 Sat 1000-0230 Thu 1100-2300 Thu 1100-2300 Thu 1100-2300 Thu 1100-2300 Fri 6 Sat 1000-0230 Thu 1100-2300 Thu 1200-1800 Thu 1200						
ZAMA COMMUNITY CLUB	Holidays	Closed			Business Manager	644-4256
Lunch	■ 74M4 COMMUNITY C	LIID				
Leisure Travel Services & Veckicle Rental Sunday Brunch 1000-1330 1000-1						644-4468
Mon-Fri						644-5335
Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0200 Sat 1000-0200 Sat 1000-0200 Sat 1000-0200 Sat 1000-0200 Sat Sun, Tue & Fri 0000-1700 Sat-Sun 1000-1700 Sat-Sun 1000-1800 Sat-Su						644 4405
Animal Boarding Kennels 263-5915 Sat 1000-0200 Sat 1000-0200 Sat 1000-0200 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Sun, Tue & Wed 1100-2200 Thu 1100-2200 Thu 1100-2200 Thu 1100-2200 No food service after 2200 hours Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300 Fri & Sat 1000-0300 Sat						644-4665
Mon-Fri 1000-0200 Sat-\$100 Sat-\$100						
Catering						
POOLS Section 1005 1000 10					■ OUTDOOR RECREATION	011-1307
Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours Thu & Tue-Thu & Sun 1000-2300 Fri & 1000-0300 Sat 1000-0230 Fri 1800-0300 Sat 1000-0230 Fri 1800-0300 Sat 1900-0230 Fri 1800-0300 Sat 1900-0230 USA Dining Room Tue, Thu & Sun 1700-2100 Wed Closed Fri-Sat 1700-2200 Thu & Sun 1700-2200 Thu & Sun 1000-1800 Sagamihara 263-3954 Mon-Fri 0500-21100 Mon-Sun Open 24 hrs Depot 268-4729 Mon-Sun, Holidays 0930-1830 Support Services Division Support Services Division Director Sat 1300-1300 Tiue-Sat 1630-2000 Tiue-Sat 1630-2000 Tiue-Sat 1630-2000 Tiue-Sat 1300-1300 Tiue-Sat 1630-2000 Tiue-Sat 1630-20						644-4795
Sun, Tue & Wed 1100-2300 Thu 1100-2200 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours				263-5037		
SHA (Summer) 1000-2200 1000-2300 No food service after 2200 hours 1000-0300 No food service after 2200 hours 1200-1800 Sun 1200-1800 Sun 1200-1800 Mon, Tue Closed DEPOT (Closed) Sat 1000-0230 Fire lite Lounge Sun-Tue & Wed Closed Thu Closed Fri 1800-0300 Sat 1900-0230 Fri 1800-0300 Sat 1900-0230 Sat 1900-0230 USA Dining Room Tue, Thu & Sun 1700-2100 Wed Closed Fri-Sat 1700-2200 Wed Closed Fri-Sat 1700-2200 Wed 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Sat 1900 - 0100 Sat 190	Sun, Tue & Wed	1100-2300			Beach Rental Office	644-4659
No food service after 2200 hours						644-4659
Sun			Wed - Sat	1030-1800	011	ı-01-011-744-4659
Fri 1000-0300 Sat 1000-0230 Firelite Lounge Sun-Tue & Wed Closed Thu Closed Fri 1800-0300 Sat 1900-0230 Fri 1800-0300 Sat 1900-0230 Thu Closed Thu & Sun 1700-2100 Sat-Sun, Holidays 1000-1800 Sagamihara 263-3954/267-6762 Mon-Sun Open 24 hrs Depot 268-4729 Mon-Sun, Holidays 0930-1830 Mon-Fri (Lunch) 1130-1300 Tue-Sat (Dinner) 1630-2000 Mon-Sun, Holidays 0930-1830 Mon-Fri (Lunch) 1130-1300 Tue-Sat (Dinner) 1630-2000 Tue-Sat (Dinner) 1630-2	Cornerstone Game Ro	oom (no bar)			Kure Harbor C	Club
Sat 1000-0300 Sat 1000-0230 Sint-Tile & Wed Closed Thu Closed Fri 1800-0300 Sat 1900-0230 Sat 1900-0230 Wed Closed Fri-Sat 1700-2200 Thu 1630 - 2300 Thu 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Fri 1630 - 0100 Fri 1630 - 0100 Sat 1900-0230 Thu 1630 - 2100 Fri 1630 - 0100 Fri 1630 - 0100 Sat 1900-0230 Thu 1630 - 2100 Thu 1630 - 0100 Fri 1630 - 0100 Thu 1630 - 0100				Ciosed	- NAME OF	286.2822
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Mon-Fri 0500-2100 Sat-Sun, Holidays 1000-1800 Sagamihara 263-3954/267-6762 Mon-Fri (Lunch) 1130-1300 Mon-Fri (Lunch) 1130-1300 Mon-Fri (Lunch) 1130-1300 Mon-Fri (Lunch) 1130-1200 Mon-Sun Depot 268-4729 Mon-Sun HOB NOB INN 267-6097 Lounge & Game Room Sun, Mon, Tue Closed Wed 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Sat 1900 - 0100 Sat 1900 - 0100 Mon-Fri (Lunch) 130-1200 Mon-Fri (Lunch) 130-2000 Mon-Fri (Lunch) 130-2000 Mon-Fri (Lunch) 1630-2000 Mon-Fri (Lunch) 1	Firelite Lounge					800-1630
Fri 1800-0300 Sat 1900-0230 USA Dining Room Tue, Thu & Sun 1700-2100 Wed Closed Fri-Sat 1700-2200 ■ HOB NOB INN Lounge & Game Room Sun, Mon, Tue Closed Wed 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Sat Sun, Mon, Tue Closed Fri 1630 - 0100 Fri 1630 - 0100 Fri 1630 - 0100 Sat-Sun, Holidays 1000-1800 263-3954/267-6762 Mon-Sun Open 24 hrs Depot 268-4729 Mon-Sun, Holidays 0930-1830 ■ Dining Room Mon-Fri (Breakfast) 0700-0830 Mon-Fri (Lunch) 1130-1300 Tue-Sat (Dinner) 1630-2000 Tue-Sat (Dinner) 1630-2			11 11			256-2575
Sat 1900-0230 USA Dining Room Tue, Thu & Sun 1700-2100 Wed Closed Fri-Sat 1700-2200 ■ HOB NOB INN Lounge & Game Room Sun, Mon, Tue Wed 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Fri 1630 - 0100 Child, Youth & School Services Sagamihara 263-3954/267-6762 Mon-Sun Open 24 hrs Depot 268-4729 Mon-Fri (Lunch) 1130-1300 Tue-Sat (Dinner) 1630-2000 Tue-Sat (Dinner) 1630-			Sat-Sun, Holidays	s 1000-1800		1900/1700
Tue, Thu & Sun 1700-2100 Wed Closed Fri-Sat 1700-2200 Mon-Sun, Holidays 0930-1830 ■ Bar Mon 1630-2000 Mon-Sun Holidays 1630-2200 Mon-S	Sat				Mon-Fri (Breakfast) 0	
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Fri-Sat 1700-2200 Support Services Division Lounge & Game Room Sun, Mon, Tue Closed Med 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Sat 1900 - 0100 Sat 1900 - 0100 Support Services Division Support Services Division Lodging 256-2580 Mon-Fri Sat 1130-1530 Mon-Fri Sat 1130-1530 Mon-Fri Sat 1130-1530 Mon-Fri Sat Mon-Fri Mon-Fri Sat Mon-Fri Sat Mon-Fri Sat Mon-Fri Sat Mon-Fri Mon-Fri Sat Mon-Fri Sat Mon-Fri Mon-Fri Sat Mon-Fri Mon-Fri Sat Mon-Fri Sat Mon-Fri Sat Mon-Fri Mon-Fri Sat Mon-Fri Mon-Fri Sat Mon-Fri Sat Mon-Fri Sat Mon-Fri Sat Mon-Fri						
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Wed 1630 - 2300 Thu 1630 - 2100 Fri 1630 - 0100 Sat 1900 - 0100 Child, Youth & School Services						900-1730
Thu 1630 - 2100 Fri 1630 - 0100			■ ADMINISTRATIVE OF	FFICE		
FII 1050 - 0100 Sat 1900 - 0100	Thu	1630 - 2100	Child Youth & S	chool Services		
□ DIRECTOR 263-8086						
	Jui	1,000 0100	■ DIRECTOR	263-8086		



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SUNDAY, 18 DECEMBER CZCC BALLROOM EARLY BIRD GAME STARTS AT 7:15 PM REGULAR GAME STARTS AT 7:30 PM ADULTS ONLY!

CARDS ARE ON SALE AT 5 PM COST: BINGO PACKET \$55 (ALL GAMES) CZCC HOLIDAY JACKPOT \$10,000 COVERALL BINGO GAME ADDITION PACKET \$35

FOR MORE INFORMATION, PLEASE CALL 263-4547

